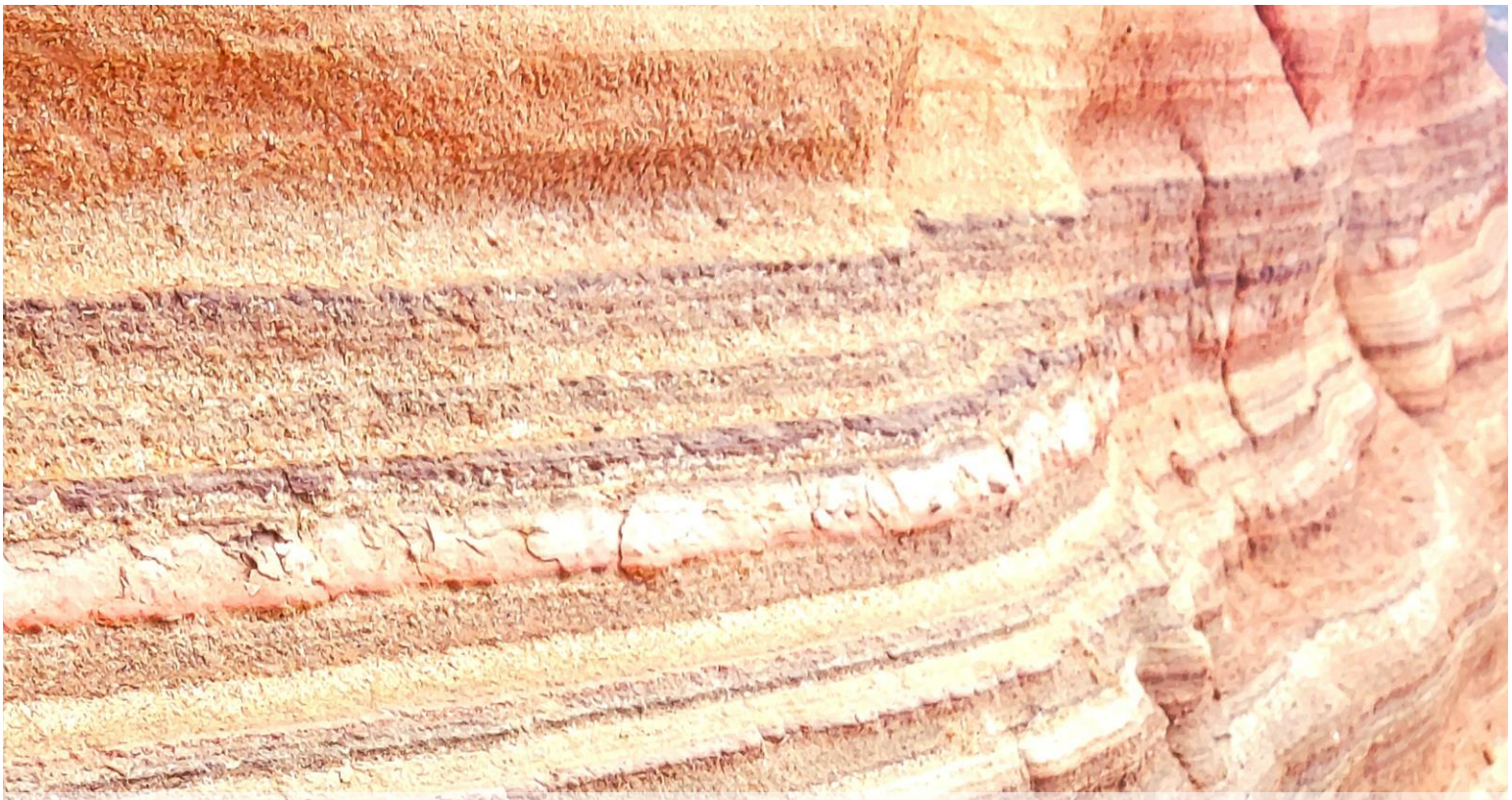
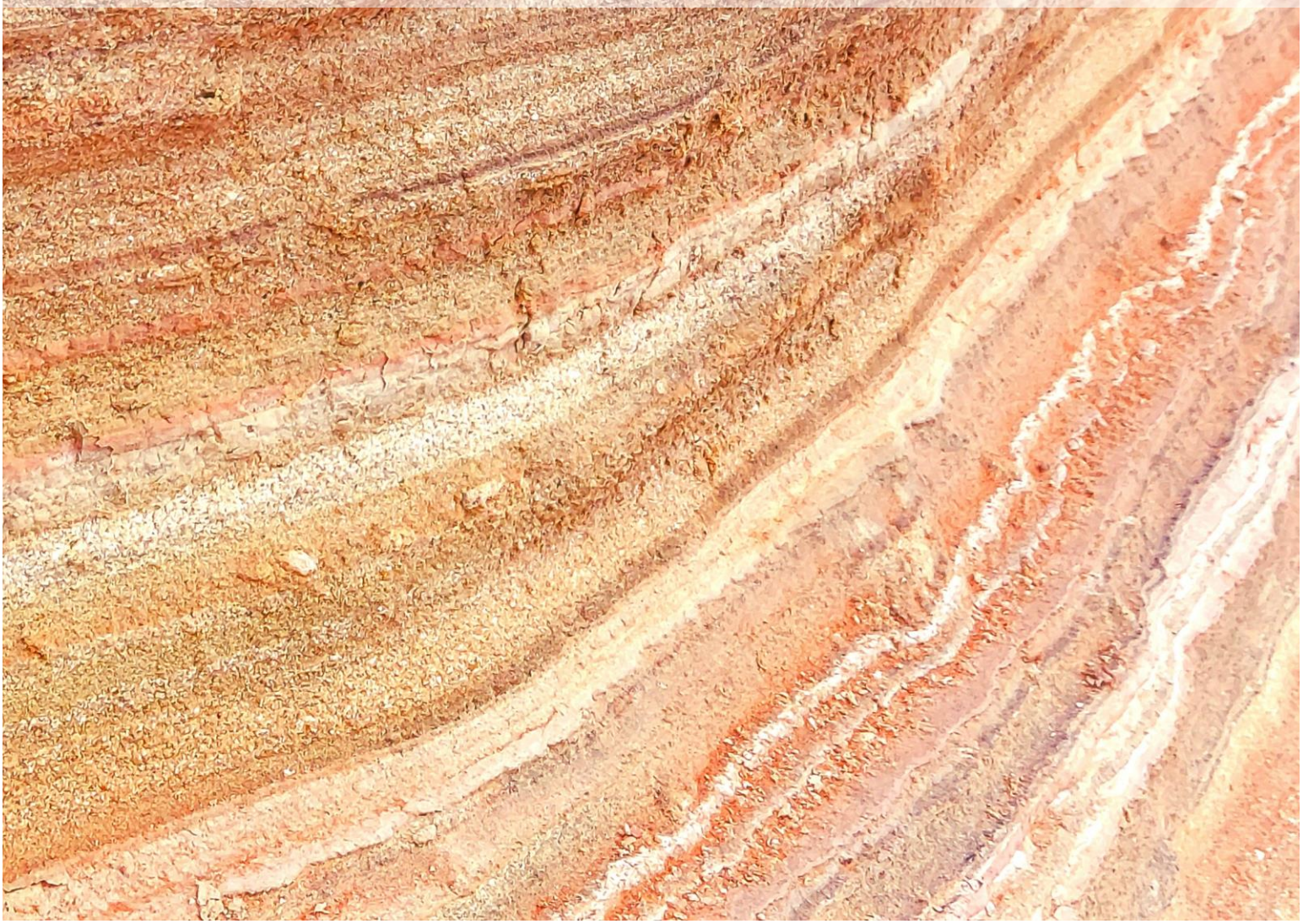
XirCammini

Cammino di San Antioco
Information Pack

Corpus, mens et anima



Thank you all for choosing this cammino with XirCammini. We are excited to share our love for this cammino with you all and to make your experience a memorable one. The trek leader for this trip is James Portelli assisted remotely by the XirCammini office.



Introduction

XirCammini is a membership-based, not-for-profits, non-denominational and non-sectarian association open to all who support its aims, primarily focused on generating interest in heritage, faith, cultural and/or green tourism. We are registered with the Office of the Commissioner for Voluntary Organisations. More information about XirCammini is available on our website: https://xircammini.org/

XirCammini is neither a travel agency nor tour operator. We offer these overseas hiking experiences to XirCammini members and members of similar/affiliated hiking organisations in conjunction with licensed tourism entities and/or not-for-profit hiking organisations with whom we collaborate.

Il Cammino di San Antioco is not one of the most walked camminos, providing hikers with a more tranquil experience on a beautiful island off Sardegna. San Antioco, the "Moor from the sea" is an early Christian martyr, the Patron Saint of Sardegna and also intrinsically tied to the story of St. James the Elder.

Ultreya! The joy is in the journey.

X Tucc & James

Flights | Duration | Hotel

Flights would need to be purchased separately. Local transport in Sardegna is covered:

- **On 22nd October:** The group flies from Malta to Cagliari and travels by coach to San Antioco. Flight FR7048 14:10 – 15:30.
- **On 26th October:** The group returns to Malta from Cagliari. FR17049 at 22:30 – 23:45

Hotel accommodation will be in MuMa Hostel, a charming, 3* hotel on the San Antioco promenade having also a museum of marine life and shipwrights.

Because of flight timings, we have a full 4 day | 4 night itinerary.

Members Only

Daily Itinerary | Level

The cammino is around the island of San Antioco starting from the Romanesque Basilica of San Antioco and continuing along country roads, forests, beaches and cliffs to Calasetta. It is rated as an easy / moderate Cammino:

- 23rd Oct: We walk from San Antioco to Maladroxia in the South East of the island, walking slightly inland through a wooded area until we veer towards the coastal area. Transport will collect us from Maladroxia to take us back to San Antioco for the evening.

- 24th Oct: Transport will take us back to Maladroxia. From the beach we continue walking along mainly low cliffs and coastal areas until we reach the beach of Calasapone. Transport will return us to San Antioco.

- 25th Oct: Transport will take us back to Calasapone. From there we will continue along the cliffs towards the village of Calasetta.

- 26th Oct: A day at sea, with the fishermen; an opportunity to swim, have a sumptuous lunch on the fishing boats prepared fresh in their galley from their catch.

In the evenings we will be free to visit local fish, pasta or pizza restaurants as well as a visit to the local, artisanal brewery.

Background

The Cammino di Santu Jacu in Sardegna is closely tied with the story of San Antioco, the patron saint of Sardegna, known as “the Moor from the sea”. He arrived in Cagliari, the capital of Sardegna, and then following the Central Axis up to Porto Torres to sail towards Spain and Santiago de Compostela.

Sulki (or Sulcis), the ancient name of this island of San Antioco, in the south-west of Sardegna, has always been a landing point for navigation in the Mediterranean Sea; a port from which minerals and food were exported by various settlers and occupants, who have left their mark since Punic times. Later depopulated due to attacks by corsairs from Barbary, it was transformed into a penal colony for condemned Christians from the Maghreb lands. The historical link with Santiago di Compostela is evidenced in writings from 1466.

Members Only

Contribution per person

The contribution is € 550(*) per person and covers:

1. twin room sharing, ensuite, accommodation on bed and breakfast basis for 4 days / 4 nights. Breakfasts have sweet, cereal and savoury options and are abundant.(*)
2. Airport transfers in Sardegna. **Flights are not covered**.
3. Daily coach taking us to/from start of cammino.
4. A day at sea with the fishermen including sumptuous lunch (and drinks) on board.
5. Pilgrim kit including San Antioco tee-shirt, Credencial and Testimonium (certificate).
6. Information meeting delivered by XirCammini prior to the event.
7. Tour / Trek Leader during the event.
8. €25 contribution per person to Malta Geographical Society.

   (*) The hotel is conveniently located next to a SPAR and where one can purchase fruit and/or sandwiches ahead of each of the 3 trekking days. There is a mineral water filling station close to the hotel. There is also a good selection of restaurants/dinners for dinner in town.

We have also arranged to retain 2 rooms (included in the above cost) so that, after the boat excursion and prior to departing for the airport, we can freshen up and change our clothing.

*(*Note: Single supplement on B&B basis: € 610 per person).*

A non-refundable deposit of €150 per person (€210 in case of single supplement) is required when registering.

Packing List

The following is a link that XirCammini generally provide to a suggested packing list for Caminos: https://xircammini.org/news/to-pack-or-not-to-pack/

Members Only

SA RUSCITTA
Benvenuti