

XirCammini

Corpus | Mens | Anima

October 2022 to
September 2023



Summary of Overseas Walks (2023)



- **Feb:** Costa Tirranica e Vigne Regaliali, Italy
- **Mar:** Via De la Plata (Ourense to Santiago de Compostela), Spain
- **Mar/April:** Camino Portugues (Porto and Valenca Options), Spain
- **May:** Pantelleria, Italy
- **May/June:** Cammino di San Francesco, Italy
- **Jun/Jul:** Sila and Pollino, Italy
- **Aug:** Tochar Phadraig & Cliffs of Moher, Ireland
- **Sept:** Transumanza, Abruzzo, Italy
- **Sept:** Camino de San Salvador, Spain



Important Points

Group Sizes, Dates, Cost Considerations, Accommodation & Food

Group Sizes

We may have some group size restrictions on some trips. For example, Regaliali cannot take more than 22 persons.

Dates

Dates are approximate and dependent on flights.

Cost Considerations

We are still pricing the trips because of changes we are experiencing in the cost of accommodation and transport.

On the Italy/Sicily trips we do not set the price and have no or little control on accommodation, food etc.

On all others, we establish prices and continue to be consistently cheaper (for a similar or better quality of delivery) than other providers.

Accommodation & Food

While we endeavour to provide an overall enjoyable experience, there might be occasions, for example, where food, accommodation etc. might not be to everybody's satisfaction.

Help us to continually improve but also bear in mind we are not tour operators or a travel agency. We are a not-for-profits, membership-based, trekking association.



Costa Tirrenica e Vigne Regaliali

Option 1: 8th – 12th February 2023

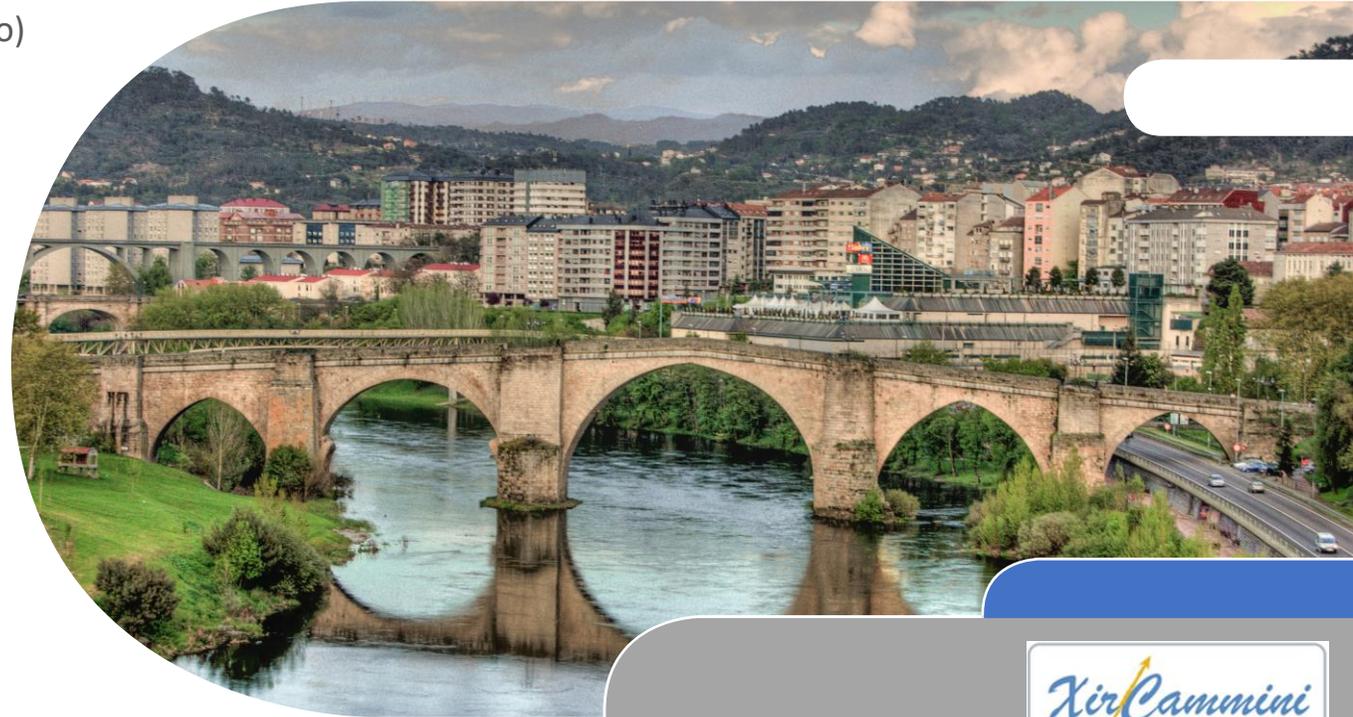
Option 2: 10th – 12th February 2023

- **Option 1:** Tindari, Marinello and Rocca di Novara (Novara di Sicilia) followed by trekking in the Vigne Regaliali.
- **Option 2:** Trekking in the Vigne Regaliali.
- Led by Attilio Calderera, Vaicoltrekking
- Max Group Size: 22 persons



Via De La Plata (Ourense to Santiago)

1	Ourense	Casarelllos	35
2	Casarelllos	Estacion de Lalin	18
	Estacion de		
3	Lalin	Silleda	15
4	Silleda	Ponte Ulla	19
		Santiago de	
5	Ponte Ulla	Compostella	20



This will be led by John Darmanin.

25th Mar to 1st April 2023.

We are looking at various airport permutations (e.g. Porto + coach or 2 flights).

We'll book accommodation, daily baggage transfers and airport transfers.





Camino Portugues

Option 1: 31st Mar – 14th April 2023

Option 2: 7th – 14th April 2023

- **Option 1:** Porto to Santiago de Compostela
- **Option 2:** Valenca / Tui to Santiago de Compostela.

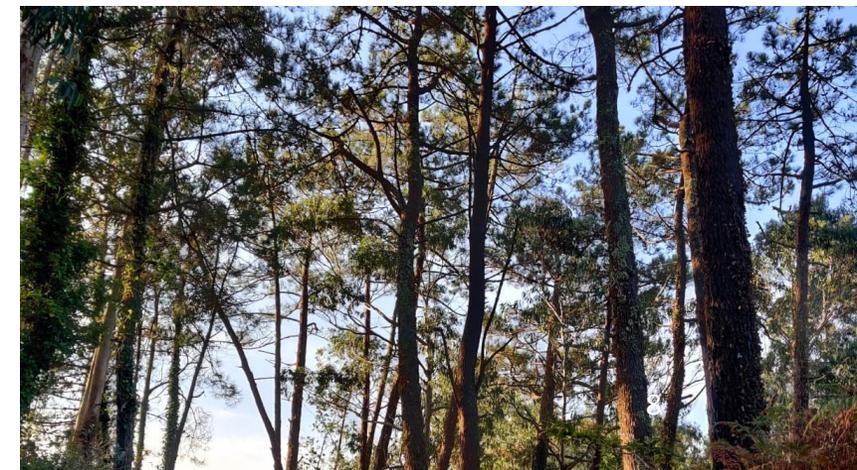
Led by Donald Pace

We are looking at flying into Porto.

We'll book accommodation, daily baggage transfers and airport transfers.



ADD A FOOTER



Pantelleria

- Visiting
 - Lago di Venere
 - Montagna Grande
 - Caves and hot springs
 - Typical villages such as Bugebar, Scauri, Mueggen and Rekale.



This will be led by Attilio Calderera, VaicolTrekking

9th to the 14th of May 2023.

We can fly to Catania on the 9th, travel to Palermo for the night and on the 10th travel to Pantelleria by air from Palermo. On the 14th we can fly into Catania from Pantelleria.





Cammino di San Francesco

28th May to 10th June 2023

From	To	Distance Km	Altitude m
La Verna	Pieve Santo Stefano	16	960
La Verna	Pian della Capanna	22	795
Pian della Capanna	Sansepolcro	14	330
Sansepolcro	Citta di Castello	20	480
Citta di Castello	Pietralunga	26	288
Pietralunga	Gubbio	25	566
Gubbio	Bischina	24	522
Bischina	Valfabbrice	18	480
Valfabbrice	Assisi	20	289

Led by Fr Walter Vassallo ofm

It is important that we travel light for this as we are not yet ascertained daily baggage transfers



Pollino e Sila

- Trekking (Pollino mountain)
- Rafting (River Laos)
- Trekking, swimming and/or canoeing Lake Sila

• 29th June – 5th July 2023

This will be led by Attilio Calderera.

We are looking at various airport permutations (either Catania and onward by coach or directly to Lamezia). The last time we booked Lamezia the flight was cancelled at short notice. So, we are discussing the best solution with Attilio at the moment.







Tochar Phadraig & Cliffs of Moher, Ireland

- Cliffs of Moher from Lisconnor to Dolinn
- Tochar Phadraig
- Ballintubber Abbey & Church Island
- County Mayo trekking
- Half day in Dublin.

This will be led by James & Tucc and local Abbey guides. 23rd – 30th Aug, 2023



Transumanza, Abruzzo

4th – 10th September 2023

- Walking a flock of a few 100s sheep in Abruzzo
- In a very scenic environment (such as lake / village Scanno)
- Passing through some historic villages
- Accommodation in agri-tourismi / farmhouses.

Led by Attilio Calderera, Vaicoltrekking

We are looking at flying into Rome.

It is important that for this trek we travel relatively light.

Camino San Salvador

- 1 one week trek from Leon to Oviedo in Spain.
- Historically this was the connecting route between the Camino Frances and the Ovetense Cathedral of San Salvador. Spending the last 2 nights in Oviedo.

Date: 20th to the 27th September 2023

This will be led by James & Tucc

We'll book accommodation, daily baggage transfers and airport transfers.



Recap: Summary of Overseas Walks (2023)



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- **Local walks requiring registration.**





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THANK YOU!

Any Questions?



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