

# Trekking Itinerary Oct 2022 | Sept 2023



Code:  Overseas treks. We will be writing to members during Q4-2022 to gauge interest. Dates of overseas treks are indicative and may vary marginally due to flight schedules. Further details will be provided to interested parties.

These are local activities that will require prior booking.

> 60 activities | 9 Overseas treks

Date	Code	Meeting Time	Name	Level(*)	Meeting Place
Saturday, 15th Oct 2022	P162	14:00	Siggiewi / Tal Providenza Chapel / across valley towards Salib tal Gholja / across the ridge to Gebel Ciantar and the Bronze Age Grain Silos / down to Fawwara / back to Siggiewi	Mod	Siggiewi Parish Church
Wednesday, 19th Oct 2022	P163	19:00	Birzebbugia / Dar ta' Pultu trail / Ta' Kaccatura water reservoir/ on towards football ground in Ghaxaq /Triq Telleritu / and back to starting point.	Easy	St George's Bay, Birzebbugia (small parking place where boats are kept on land)
Saturday, 22nd Oct 2022	P164	14:00	Bahrija / Bingemma/ Dwejra / Wied il-Qleghja /Bahrija	Mod	Bahrija swings
Wednesday, 26th Oct 2022	P165	19:00	Qrendi /Hagar Qim / towards Triq il-Wied / return to Qrendi.	Mod.	Maqluba church
Saturday, 29th Oct 2022	P166	14:00	L-Ahrax tal-Mellieha loop	Mod.	Ghadira parking place, near the public toilets
Wednesday 2nd Nov 2022	P167	19:00	Telgha t'Alla u Ommu, Naxxar/Birguma Victoria Lines towards Madliena looping back via Gharghur	Mod	Roundabout at top of it-Telgha t'Alla u Ommu, Naxxar/Birguma.
Saturday, 5th Nov 2022	P168	14:00	Mgarr / Fomm ir-Rih / Round headland towards Gnejna / up to il-Lippija Tower looping back to Mgarr and Zebbiegh.	Mod to hard	Zebbiegh Parish Church
Wednesday, 9th Nov 2022	P169	19:00	Mdina ditch   Mtarfa   Qolla l-Bajda Loop	Mod	Domus Romana, Rabat
Saturday, 12th Nov 2022	P170	14:00	Manikata Church Carpark / Pwales /Pilgrim Trail / Mizieb Valley / Majjistral / Manikata	Mod	Manikata Church Carpark
Wednesday, 16th Nov 2022	P171	19:00	Siggiewi loop	Mod	Limestone Heritage on the Siggiewi By-Pass
Saturday, 19th Nov 2022	P172	14:00	Paradise Bay   Fomm Qammiegh Loop	Mod	Paradise Bay Carpark
Wednesday 23rd Nov 2022	P173	19:00	Gnien l-Gharusa tal-Mosta   Wied l-Ghasel, Burmarrad, Salini looping back to Mosta	Mod	In front of MCAST, Mosta (opposite LIDL)
Sunday 27th Nov 2022	P174	08:30	Universal Peace Walk 1543AD (28km walk   Registration required)	Mod	Cathedral Square, Mdina
Wednesday 30th Nov 2022	P175	19:00	Rabat /Wied l-Isqof / Girgenti / Wied Hesri / Zebbug / Rabat	Mod /hard	Domus Romana, outside Mdina
Saturday, 3rd Dec 2022	P176	14:00	Gnejna Bay   Ta Marija Caves Loop	Mod/hard	Gnejna Bay Carpark
<i>4th Dec - 13th Dec Break</i>					
Wednesday, 14th Dec 2022	P177	19:00	Rabat /Wied l-Isqof / Girgenti / Wied Hesri / Zebbug / Rabat	Mod /hard	Domus Romana, outside Mdina
Saturday, 17th Dec 2022	P178	14:00	Bidnija   Dwejra  Bingemma / Victoria Lines Santi Looping back to Bidnija	Mod	Bidnija Church, L/O Mosta
Wednesday, 21st Dec 2022	P179	19:00	Christmas Dinner   Drinks   Inner Harbour Area Charity Event	n/a	tba
Saturday ,7th January 2022	P180	14:00	Manikata Church Carpark / Pwales /Pilgrim Trail / Mizieb Valley / Majjistral / Manikata	Mod	Manikata Church Carpark
Wednesday, 11th Jan 2023	P181	19:00	Msida Black Pearl   Valletta Loop	Mod	Black Pearl, Ta' Xbiex
Saturday, 14th Jan 2023	P182	14:00	Salina (ta' Cassia Restaurant) towards Wied il- Ghasel	Mod	Ta' Cassia Salina Restaurant / Chapel of the Annunciation ,Salina
Wednesday, 18th Jan 2023	P183	19:00	Wied Qannotta loop/ into valley behind Scotts/ left up to small chapel/ on to ridge/ turn on to rd/ turn L/ then sharp L in from Castello dei Baroni/...	Mod.	Scotts Supermarket / St. James, Burmarrad

Saturday 21st Jan 2023	P184	14:00	Siggiewi / Salib tal Gholja / Gebel Ciantar / Bronze Age Silos/Fawwara/Mt Carmel Chapel/Tal Providenza Chapel /Siggiewi	Mod	Siggiewi Parish Church
Wednesday, 25th Jan 2023	P185	19:00	Selmun   Mellieha   Sta Maria Estate   Selmun	Mod	Selmun Castle
Saturday 28th Jan 2023	P186	14:00	Fishtail: Ghadira, Ahrax, Armier, Marfa, Cirkewwa, Torri Ahmar Ghadira		Ghadira Carpark
Wednesday, 1st Feb 2023	P187	19:00	Kalkara Parish Church   3 Cities Looping back to Kalkara	Easy / Mod	Kalkara Parish Church
Sunday, 5th Feb 2023	P188	09:00	Round Comino	Mod	Cirkewwa
Friday - Sunday: 10 - 12th Feb 2023	P189	n/a	Trekking tra le Vigne (Tenuta Regaliali) & Palermo, Sicily	Mod	Palermo and West Sicily
Wednesday 15th Feb 2023	P190	19:00	Dingli Laferla Cross		Tinda Buskett
Saturday, 18th Feb 2023	P191	14:00	Siggiewi / Tal Providenza Chapel / across valley towards Salib tal Gholja / across the ridge to Gebel Ciantar and the Bronze Age Grain Silos / down to Fawwara / back to Siggiewi	Mod	Siggiewi Parish Church
Wednesday, 22nd Feb 2023	P192	19:00	Mamma Mia   Round Valletta Loop		Next to Mamma Mia, Ta' Xbiex
Saturday, 25th Feb 2023	P193	14:00	L-Ahrax tal-Mellieha loop	Mod.	Ghadira parking place, near the public toilets
Wednesday, 1st Mar 2023	P194	19:00	Telgha t'Alla u Ommu, Naxxar/Birguma Victoria Lines towards Madliena looping back via Gharghur	Mod	Roundabout at top of it-Telgha t'Alla u Ommu, Naxxar/Birguma.
Saturday, 4th Mar 2023	P195	14:00	Mgarr / Fomm ir-Rih / Round headland towards Gnejna / up to il-Lippija Tower looping back to Mgarr and Zebbiegh.	Mod to hard	Zebbiegh Parish Church
Wednesday, 8th Mar 2023	P196	19:00	Mdina ditch   Mtarfa   Qolla l-Bajda Loop	Mod	Domus Romana, Rabat
Sunday, 12th Mar 2023	P197	08:00	480th Anniversary of the Universal Peace Walk 1543AD	Mod	Mdina Cathedral Square
Wednesday, 15th Mar 2023	P198	19:00	Siggiewi loop	Mod	Limestone Heritage on the Siggiewi By-Pass
Saturday, 18th Mar 2023	P199	14:00	Paradise Bay   Fomm Qammiegh Loop	Mod	Paradise Bay Carpark
Wednesday, 22nd Mar 2023	P200	19:00	St. Thomas Bay tas-Silg Loop	Mod	Outside Jerma Palace, M'Scala
Saturday, 25th Mar 2023	P201	14:00	Ghajn Tuffieha   Qarraba   Gnejna   Latmija   Ghajn Tuffieha	Mod	Ghajn Tuffieha Carpark
Sat - Sat: 25 Mar - 1 Apr 2023	P202	n/a	Via De La Plata (Oursense to Santiago de Compostela) 107km	Mod	Galicia, Spain.
Fri - Fri: 31 Mar - 14th Apr 2023	P203	n/a	Camino Portugues 2-week (Porto) and 1 week (Tui) options	Mod	Galicia, Spain.
Friday, 31st Mar 2023	P204	08:00	Victoria Lines (from Kuncizzjoni to Bahar ic-Caghaq	Mod	to be advised
Wednesday, 5th Apr 2023	P205	19:00	Cottonera Loop (visiting vari tal-Gimgha l-Kbira)	Mod	Kalkara Parish Church Parvis
<i>Easter Break</i>					
Wednesday, 19th Apr 2023	P206	19:00	Selmun   Mellieha   Sta Maria Estate   Selmun	Mod	Selmun Castle
Saturday, 22nd Apr 2023	P207	14:00	Paradise Bay   Fomm Qammiegh Loop	Mod	Paradise Bay Carpark
Sat - Mon, 29th Apr - 1st May 2023	P208	08:00	Round Malta in 3 days (Coastal Walk)	Mod	to be advised
Mon - Sun 8th - 14th May 2023	P209	n/a	Trekking in Pantelleria (including Donnafugata vineyards)	Mod/Hard	Pantelleria
Wednesday, 10th May 2023	P210	19:00	Lapsi   Gebel Ciantar Loop	Mod	Lapsi
Saturday, 13th May 2023	P211	14:00	Hagar Qim   Lapsi   Providenza Loop	Mod	Hagar Qim Carpark
Sun 28th May - 10th June 2023	P212	tba	Cammino di San Francesco (La Verna to Assisi)	Mod/Hard	La Verna, Italy
Saturday, 17th Jun 2023	P213	14:00	Trek   Swim and Picnic [ Selmun Area]	Easy	Selmun Castle
Thursday, 29th Jun - 6th Jul 2023	P214	tba	Pollino & Sila (trekking   Canoeing   Rafting)	Mod/Hard	Italy
Wednesday, 12th Jul 2023	P215	19:00	Mamma Mia - Valletta Loop	Mod	Mamma Mia, Ta' Xbiex
Wednesday, 19th Jul 2023	P216	19:00	Mamma Mia - Spinola Loop	Easy	Mamma Mia, Ta' Xbiex

16th - 19th  
Mar Amigos

Wednesday, 26th Jul 2023	P217	19:00	Birzebbugia / Dar ta' Pultu trail / Ta' Kaccatura water reserovoir/ on towards football ground in Ghaxaq /Triq Telleritu / and back to starting point.	Easy	St George's Bay, Birzebbugia (small parking place where boats are kept on land)
Wednesday, 2nd Aug 2023	P218	19:00	Birguma - Madliena Walk	Mod	Birguma roundabout
Wednesday 9th Aug 2023	P219	19:00	Bahrija - Wied I-Qlejja Loop Walk	Mod	Bahrija Church Carpark
Sunday, 13th August 2023	P220	19:30	XirCammini Pasta Night	Easy	To be advised
23rd - 30th August 2023	P221	tba	Tochar Phadraig (Irish Camino) and Irish Walks	Mod/Hard	County Mayo & Dublin
Mon - Sun 4th - 10th Sept, 2023	P222	tba	Transumanza	Mod/Hard	Abbruzzo, Italy
Saturday 16th Sept, 2023	P223	16:00	L-Ahrax tal-Mellieha Trek and Swim	Mod	Ahrax next to Chapel
Wed to Wed 20th - 27th Sept 2023	P224	tba	Camino San Salvador (Leon to Oviedo), Spain	Mod/Hard	Castilla Leon   Asturias, Spain.
Saturday 30th September 2023	P225	tba	End of 2022/2023 Trekking Season Get-together Drinks	Easy	To be advised

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